# Monday, October 2, 2023

# **Sexual Health Clinic - Lindsay**

Date and Time: Monday, October 2 10:00 am - 3:30 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

Sexual Health Clinics at our <u>Lindsay office</u> require an appointment, as walk-ins are not currently available. <u>Book an appointment online</u> or call 1-866-888-4577, ext. 1205.

# Tuesday, October 3, 2023

# **Immunization Clinic - Lindsay**

Date and Time: Tuesday, October 3 11:00 am - 5:00 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

#### For Families - Vaccination Clinics if You Don't Have a Doctor

The Health Unit provides immunization clinics at our <u>Lindsay office at 108 Angeline Street South</u> for residence who do not have a family doctor. Children vaccines are also available. <u>All publicly-funded vaccines in Ontario are available at these clinics</u> except for COVID-19 vaccines.

Clinics are available by appointment only. To learn more or to book an appointment at an upcoming clinic, call the Health Unit at 1-866-888-4577, ext. 1507.

# **Sexual Health Clinic - Port Hope**

Date and Time: Tuesday, October 3 12:00 pm - 6:30 pm

Address: 200 Rose Glen Rd, Port Hope, ON L1A 3V6

Sexual Health Clinics at the <u>Port Hope office</u> require an appointment, as walk-ins are not currently available. <u>Book an appointment online</u> or call 1-866-888-4577, ext. 1205.

# Thursday, October 5, 2023

# Sexual Health Clinic - Lindsay

Date and Time: Thursday, October 5 12:00 pm - 6:30 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

Sexual Health Clinics at our Lindsay office require an appointment, as walk-ins are not currently available.

Book an appointment online or call 1-866-888-4577, ext. 1205.

# Saturday, October 7, 2023

# **Reduced-Cost Rabies Vaccination Clinic - Port Hope**

Date and Time: Saturday, October 7 8:00 am - 12:00 pm

Address: Ganaraska Animal Clinic, 146 Rose Glen Road, Port Hope

The <u>Reduced-Cost Rabies Vaccination Clinics</u> are intended to assist pet owners with financial challenges to en sure all animals have access to important immunizations.

## Saturday, October 7 from 8:00 a.m. to 12:00noon.

Ganaraska Animal Clinic, 146 Rose Glen Road, Port Hope Find all dates, locations and times at <a href="https://www.hkpr.on.ca/Rabies">www.hkpr.on.ca/Rabies</a>.

The cost is \$40 per animal (unless otherwise specified), cash only. No appointments are needed, dogs must rem ain on a leash and cats must be in a secure carrier. Owners should bring proof of their pet's most recent rabies v accinations if available. These clinics do not include an examination of the pets. Owners are encouraged to sche dule an appointment with their veterinarian to have their pet fully screened.

# Tuesday, October 10, 2023

# **School-Based Immunization Clinic - Percy Centennial Public School**

Date and Time: Tuesday, October 10 8:00 am

Address: Percy Centennial Public School, 129 Church Street, Warkworth

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# **School-Based Immunization Clinic - Scott Young Public School**

Date and Time: Tuesday, October 10 8:00 am

Address: Scott Young Public School, 27 Walnut Street, Omemee

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.

- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

# **Sexual Health Clinic - Brighton**

Date and Time: Tuesday, October 10 10:00 am - 2:30 pm

Address: Community Resource Centre at 1 Young Street, Brighton

Sexual Health Clinics are held at the <u>Community Resource Centre at 1 Young Street in Brighton</u> and **require a n appointment, as walk-ins are not currently available.** <u>Book an appointment online</u> or call 1-866-888-457 7, ext. 1205.

# Wednesday, October 11, 2023

# **School-Based Immunization Clinics - Hastings Public School**

Date and Time: Wednesday, October 11 8:00 am

Address: Hastings Public School, 25 Albert Street West, Hastings

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

• eat a good breakfast.

- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

## School-Based Immunization Clinic - Roseneath Public School

Date and Time: Wednesday, October 11 8:00 am

Address: Roseneath Public School, 9047 County Road 45, Roseneath

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### Meningococcal (meningitis)

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

## School-Based Immunization Clinic - Woodville Public School

Date and Time: Wednesday, October 11 8:00 am

Address: Woodville Public School, 109 Nappadale Street, Woodville

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

## Hepatitis B

• Vaccine: Recombivax® HB or Engerix-B®

• Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).

• Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

• Vaccine: Gardasil® 9

• Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).

• Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

#### **Sexual Health Clinic - Haliburton**

Date and Time: Wednesday, October 11 10:15 am - 1:15 pm

Address: Haliburton Highlands Family Health Team at 7217 Gelert Road

Sexual Health Clinics are held at the <u>Haliburton Highlands Family Health Team at 7217 Gelert Road</u> and **require an appointment, as walk-ins are not currently available.** <u>Book an appointment online</u> or call 1-866-888-4577, ext. 1205.

# Thursday, October 12, 2023

Date and Time: Thursday, October 12 8:00 am

Address: Brighton Public School, 24 Elizabeth Street, Brighton

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

# Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Lady Mackenzie Public School

Date and Time: Thursday, October 12 8:00 am - 3:00 pm

Address: Lady Mackenzie Public School, 1746 Kirkfield Rd, Kirkfield ON K0M 2B0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### Meningococcal (meningitis)

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# Friday, October 13, 2023

# **COVID-19 Immunization Clinic - Lindsay**

Date and Time: Friday, October 13 10:00 am - 5:00 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

The Health Unit provides COVID-19 immunization clinics at our Lindsay office at 108 Angeline Street South.

To book an appointment at a COVID-19 Immunization clinic, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website or call 1-833-943-3900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Saturday, October 14, 2023

# **Reduced-Cost Rabies Vaccination Clinic - Cobourg**

Date and Time: Saturday, October 14 9:00 am - 12:00 pm

Address: Strathy Road Animal Clinic, 1 Strathy Road, Cobourg

The <u>Reduced-Cost Rabies Vaccination Clinics</u> are intended to assist pet owners with financial challenges to en sure all animals have access to important immunizations.

## Saturday, October 14 from 9:00 a.m. to 12:00noon.

Strathy Road Animal Clinic, 1 Strathy Road, Cobourg Find all dates, locations and times at www.hkpr.on.ca/Rabies.

The cost is \$40 per animal (unless otherwise specified), cash only. No appointments are needed, dogs must rem ain on a leash and cats must be in a secure carrier. Owners should bring proof of their pet's most recent rabies v accinations if available. These clinics do not include an examination of the pets. Owners are encouraged to sche dule an appointment with their veterinarian to have their pet fully screened.

## Reduced-Cost Rabies Vaccination Clinic - Fenelon Falls

Date and Time: Saturday, October 14 9:00 am - 12:00 pm

Address: Fenelon Animal Clinic, 474 County Road 121, Fenelon Falls

The <u>Reduced-Cost Rabies Vaccination Clinics</u> are intended to assist pet owners with financial challenges to en sure all animals have access to important immunizations.

#### Saturday, October 14 from 9:00 a.m. to 12:00noon.

Fenelon Animal Clinic, 474 County Road 121, Fenelon Falls Find all dates, locations and times at <a href="https://www.hkpr.on.ca/Rabies">www.hkpr.on.ca/Rabies</a>.

The cost is \$40 per animal (unless otherwise specified), cash only. No appointments are needed, dogs must rem ain on a leash and cats must be in a secure carrier. Owners should bring proof of their pet's most recent rabies v accinations if available. These clinics do not include an examination of the pets. Owners are encouraged to sche dule an appointment with their veterinarian to have their pet fully screened.

## Reduced-Cost Rabies Vaccination Clinic - Omemee

Date and Time: Saturday, October 14 9:00 am - 12:00 pm

Address: Omemee Veterinary Hospital, 128 King Street West, Omemee

The <u>Reduced-Cost Rabies Vaccination Clinics</u> are intended to assist pet owners with financial challenges to en sure all animals have access to important immunizations.

## Saturday, October 14 from 9:00 a.m. to 12:00noon.

Omemee Veterinary Hospital, 128 King Street West, Omemee Find all dates, locations and times at <a href="https://www.hkpr.on.ca/Rabies">www.hkpr.on.ca/Rabies</a>.

The cost is \$40 per animal (unless otherwise specified), cash only. No appointments are needed, dogs must rem ain on a leash and cats must be in a secure carrier. Owners should bring proof of their pet's most recent rabies v accinations if available. These clinics do not include an examination of the pets. Owners are encouraged to sche dule an appointment with their veterinarian to have their pet fully screened.

# **COVID-19 Immunization Clinic - Port Hope**

Date and Time: Saturday, October 14 10:00 am - 5:00 pm

Address: 200 Rose Glen Road Port Hope ON L1A 3V6

The Health Unit provides COVID-19 immunization clinics at our Port Hope office at 200 Rose Glen Road.

To book an appointment, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website, or call 1-833-943-3 900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Monday, October 16, 2023

# School-Based Immunization Clinic - Bobcaygeon Public School

Date and Time: Monday, October 16 8:00 am - 3:00 pm

Address: Bobcaygeon Public School, 30 Balaclava Street, Bobcaygeon ON

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

# Sexual Health Clinic - Lindsay

Date and Time: Monday, October 16 10:00 am - 3:30 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

Sexual Health Clinics at our <u>Lindsay office</u> require an appointment, as walk-ins are not currently available.

Book an appointment online or call 1-866-888-4577, ext. 1205.

# Tuesday, October 17, 2023

### School-Based Immunization Clinic - Colborne Public School

Date and Time: Tuesday, October 17 8:00 am - 3:00 pm

Address: Colborne Public School, 8 Alfred St, Colborne ON K0K 1S0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

### School-Based Immunization Clinic - Notre Dame Public School

Date and Time: Tuesday, October 17 8:00 am - 3:00 pm

Address: Notre Dame Public School, 760 Burnham St, Cobourg ON K9A2X6

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## Meningococcal (meningitis)

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Dr. George Hall Public School

Date and Time: Tuesday, October 17 8:00 am - 3:00 pm

Address: Dr. George Hall Public School, 374 Eldon Road, Little Britain ON K0M 2C0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# Food Handler Training - Lindsay

Date and Time: Tuesday, October 17 9:00 am - 4:30 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

The Health Unit offers the in-person food handler training course in our <u>Lindsay office at 108 Angeline Street South</u>. This course will teach participants how to handle and prepare food safely. Upon successful completion, participants receive a certificate (valid for a period of five years) indicating they are registered as a certified foo d handler.

Cost is \$40 per person (test included). **Pre-registration is required!** Courses are one day in length and run fro m 9 am to 4:30 pm. Contact the Health Unit at 1-866-888-4577, ext. 5006, to pre-register or for more information.

# **Sexual Health Clinic - Campbellford**

Date and Time: Tuesday, October 17 10:00 am - 2:30 pm

Address: Community Resource Centre at 65 Bridge St. E, Campbellford

Sexual Health Clinics are held at the <u>Community Resource Centre at 65 Bridge St. E, Campbellford</u> and **require an appointment, as walk-ins are not currently available.** <u>Book an appointment online</u> or call 1-866-888-4 577, ext. 1205.

# **Immunization Clinic - Port Hope**

Date and Time: Tuesday, October 17 11:00 am - 5:00 pm

Address: 200 Rose Glen Road Port Hope ON L1A 3V6

#### For Families - Vaccination Clinics if You Don't Have a Doctor

The Health Unit provides immunization clinics at our <u>Port Hope office at 200 Rose Glen Road</u> for residence w ho do not have a family doctor. Children vaccines are also available. <u>All publicly-funded vaccines in Ontario ar e available at these clinics</u> except for COVID-19 vaccines.

Clinics are available by appointment only. To learn more or to book an appointment at an upcoming clinic, ca ll the Health Unit at 1-866-888-4577, ext. 1507.

# Wednesday, October 18, 2023

## **School-Based Immunization Clinic - Dunsford Public School**

Date and Time: Wednesday, October 18 8:00 am - 3:00 pm

Address: Dunsford Public School, 33 Dunsford Rd, Dunsford ON K0M 1L0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### Meningococcal (meningitis)

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

## **Immunization Clinic - Haliburton**

Date and Time: Wednesday, October 18 10:30 am - 3:30 pm

Address: 191 Highland Street Haliburton ON K0M 1S0

#### For Families - Vaccination Clinics if You Don't Have a Doctor

The Health Unit provides immunization clinics at our <u>Haliburton office at 191 Highland Street</u> for residence w ho do not have a family doctor. Children vaccines are also available. <u>All publicly-funded vaccines in Ontario ar e available at these clinics</u> except for COVID-19 vaccines.

Clinics are available by appointment only. To learn more or to book an appointment at an upcoming clinic, call the Health Unit at 1-866-888-4577, ext. 1507.

# Thursday, October 19, 2023

## School-Based Immunization Clinic - Dr Hawkins Public School

Date and Time: Thursday, October 19 8:00 am - 3:00 pm

Address: Dr Hawkins Public School, 130 Highland Drive, Port Hope Ontario L1A 2A3

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### Meningococcal (meningitis)

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# **School-Based Immunization Clinic - Langton Public School**

Date and Time: Thursday, October 19 8:00 am - 3:00 pm

Address: Langton Public School, 35 Wychwood Crescent, Fenelon Falls ON

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

# Meningococcal (meningitis)

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

# **Sexual Health Clinic - Port Hope**

Date and Time: Thursday, October 19 9:30 am - 3:30 pm

Address: 200 Rose Glen Rd, Port Hope, ON L1A 3V6

Sexual Health Clinics at the <u>Port Hope office</u> require an appointment, as walk-ins are not currently available. Book an appointment online or call 1-866-888-4577, ext. 1205.

# **Board of Health Meeting**

Date and Time: Thursday, October 19 9:30 am - 11:00 am

Address: 191 Highland St, Haliburton ON K0M 1S0

Watch the upcoming Board of Health meeting for the Haliburton, Kawartha, Pine Ridge District Health Unit on line through our YouTube livestream.

# Friday, October 20, 2023

# **COVID-19 Immunization Clinic - Lindsay**

Date and Time: Friday, October 20 10:00 am - 5:00 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

The Health Unit provides COVID-19 immunization clinics at our Lindsay office at 108 Angeline Street South.

To book an appointment at a COVID-19 Immunization clinic, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website or call 1-833-943-3900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Saturday, October 21, 2023

# **COVID-19 Immunization Clinic Kids <5 Years - Port Hope**

Date and Time: Saturday, October 21 10:00 am - 12:00 pm

Address: 200 Rose Glen Road Port Hope ON L1A 3V6

The Health Unit provides COVID-19 immunization clinics at our Port Hope office at 200 Rose Glen Road.

To book an appointment, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website, or call 1-833-943-3 900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# **COVID-19 Immunization Clinic - Port Hope**

Date and Time: Saturday, October 21 10:00 am - 5:00 pm

Address: 200 Rose Glen Road Port Hope ON L1A 3V6

The Health Unit provides COVID-19 immunization clinics at our Port Hope office at 200 Rose Glen Road.

To book an appointment, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website, or call 1-833-943-3 900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Monday, October 23, 2023

#### School-Based Immunization Clinic - Grafton Public School

Date and Time: Monday, October 23 8:00 am - 3:00 pm

Address: Grafton Public School, 654 Station Road, Grafton ON K0K 2G0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Mariposa Public School

Date and Time: Monday, October 23 8:00 am - 3:00 pm

Address: Mariposa Public School, 755 Eldon Rd, Oakwood ON K0M2M0

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

# **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

# Tuesday, October 24, 2023

# **School-Based Immunization Clinic - Trinity College School**

Date and Time: Tuesday, October 24 8:00 am - 3:00 pm

Address: Trinity College School, 55 Deblaquire St N, Port Hope Ontario L1A 4K7

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - St. Mary's Catholic Elementary School

Date and Time: Tuesday, October 24 8:00 am - 3:00 pm

Address: St. Mary's Catholic Elementary School, 103B Lyle Street, Grafton

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

#### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

## **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# **Sexual Health Clinic - Port Hope**

Date and Time: Tuesday, October 24 10:00 am - 3:30 pm

Address: 200 Rose Glen Rd, Port Hope, ON L1A 3V6

Sexual Health Clinics at the <u>Port Hope office</u> require an appointment, as walk-ins are not currently available. <u>Book an appointment online</u> or call 1-866-888-4577, ext. 1205.

# **Immunization Clinic - Campbellford**

Date and Time: Tuesday, October 24 10:00 am - 3:30 pm

Address: 65 Bridge Street East, Campbellford

For Families - Vaccination Clinics if You Don't Have a Doctor

The Health Unit provides immunization clinics at our <u>Community Resource Centre at 65 Bridge Street East</u> for residence who do not have a family doctor. Children vaccines are also available. <u>All publicly-funded vaccines in Ontario are available at these clinics</u> except for COVID-19 vaccines.

Clinics are available by appointment only. To learn more or to book an appointment at an upcoming clinic, call the Health Unit at 1-866-888-4577, ext. 1507.

# Wednesday, October 25, 2023

# **Trauma-Informed Training**

Date and Time: Wednesday, October 25 7:00 pm - 9:00 pm

Address: 107 Lindsay Street South, Lindsay ON

<u>The Kawartha Lakes Sports and Recreation Council</u> is offering THREE trauma-informed training sessions for s port and recreation providers that work with children and youth in sports. Each session will focus on two modu les of learning developed by <u>BGC Canada</u> and Edge Work Consulting.

# Thursday, October 26, 2023

# School-Based Immunization Clinic - St. Anthony's Elementary School

Date and Time: Thursday, October 26 8:00 am - 3:00 pm

Address: St. Anthony's Elementary School, 74 Toronto Road, Port Hope Ontario L1A 3R9

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## Meningococcal (meningitis)

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

Consent forms and information packages are sent home with students in early September. The Health Unit will

only immunize students whose parent or caregiver has completed the consent form and signed "YES".

#### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Scriven Christian Academy

Date and Time: Thursday, October 26 8:00 am - 3:00 pm

Address: Scriven Christian Academy, 184 Toronto Rd, Port Hope ON L1A3V5

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Archie Stouffer Elementary School

Date and Time: Thursday, October 26 8:00 am - 3:00 pm

Address: Archie Stouffer Elementary School, 12 Vintage Crescent, Minden ON

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

• Vaccine: Nimenrix® or Menactra®

• Doses: One

• Required for school.

### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# Sexual Health Clinic - Lindsay

Date and Time: Thursday, October 26 10:00 am - 3:30 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

Sexual Health Clinics at our <u>Lindsay office</u> require an appointment, as walk-ins are not currently available. <u>Book an appointment online</u> or call 1-866-888-4577, ext. 1205.

# **COVID-19 Immunization Clinic Kids Under 5 Years - Lindsay**

Date and Time: Thursday, October 26 10:00 am - 12:00 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

The Health Unit provides COVID-19 immunization clinics at our Lindsay office at 108 Angeline Street South.

To book an appointment at a COVID-19 Immunization clinic, please visit the <u>Provincial COVID-19 Vaccine B</u> <u>ooking</u> website or call 1-833-943-3900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Friday, October 27, 2023

# **COVID-19 Immunization Clinic - Port Hope**

Date and Time: Friday, October 27 10:00 am - 5:00 pm

Address: 200 Rose Glen Road Port Hope ON L1A 3V6

The Health Unit provides COVID-19 immunization clinics at our Port Hope office at 200 Rose Glen Road.

To book an appointment, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website, or call 1-833-943-3 900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

# Saturday, October 28, 2023

# **COVID-19 Immunization Clinic - Lindsay**

Date and Time: Saturday, October 28 10:00 am - 5:00 pm

Address: 108 Angeline Street South Lindsay ON K9V 3L5

The Health Unit provides COVID-19 immunization clinics at our Lindsay office at 108 Angeline Street South.

To book an appointment at a COVID-19 Immunization clinic, please visit the <u>Provincial COVID-19 Vaccine Booking</u> website or call 1-833-943-3900, Monday to Friday (excluding holidays) from 8:30 a.m. to 5:00 p.m. (EST).

Please review the COVID-19 Immunization Eligibility Groups.

Clinics are available by appointment only.

#### School-Based Immunization Clinic - Dale Road Senior Public School

Date and Time: Monday, October 30 8:00 am - 3:00 pm

Address: Dale Road Senior Public School, 8228 Dale Rd, Cobourg ON K9A 4J7

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

## Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - Jack Callaghan Public School

Date and Time: Monday, October 30 8:00 am - 3:00 pm

Address: Jack Callaghan Public School, 5 Tracey's Hill Rd, Lindsay ON K9V 4R5

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

### Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# Tuesday, October 31, 2023

# **School-Based Immunization Clinic - Terry Fox Public School**

Date and Time: Tuesday, October 31 8:00 am - 3:00 pm

Address: Terry Fox Public School, 1065 Riddell Ave, Cobourg ON K9A 5N4

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

## **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### **Hepatitis B**

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).

• Recommended, but not required for school.

## **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

- eat a good breakfast.
- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

If you have any questions about the school immunization program, please call us at 1-866-888-4577 ext 1507.

# School-Based Immunization Clinic - St. Dominic's Catholic Elementary School

Date and Time: Tuesday, October 31 8:00 am - 3:00 pm

Address: St. Dominic's Catholic Elementary School, 320 Mary Street, Lindsay, Ontario

Every fall and spring, the HKPR District Health Unit staff visit elementary schools to immunize Grade 7 stude nts. At these clinics, students are offered the following vaccines:

### **Meningococcal (meningitis)**

- Vaccine: Nimenrix® or Menactra®
- Doses: One
- Required for school.

#### Hepatitis B

- Vaccine: Recombivax® HB or Engerix-B®
- Doses: Two (if second dose is not given before the child is 16 years of age, a third dose is needed).
- Recommended, but not required for school.

#### **Human Papillomavirus (HPV)**

- Vaccine: Gardasil® 9
- Doses: Two (if first dose is not given before the child is 15 years of age, then three doses are needed).
- Recommended, but not required for school.

<u>Consent forms</u> and <u>information packages</u> are sent home with students in early September. The Health Unit will only immunize students whose parent or caregiver has completed the consent form and signed "YES".

## Tips for clinic day

• eat a good breakfast.

- bring a lunch.
- wear a short-sleeved shirt.
- bring a distraction: music, a book or a game.
- know that the needle may feel like a pinch in the upper arm and should only last for a few seconds.

http://events.hkpr.on.ca